

SESSION	First Name	Last Name	Cat	Entry	Team
1 Weigh In 7:30AM Start 9:30AM 9:20 intro	Adriana	Ancilleri	W45	61	Long Island Weightlifting
	Danika	Lorenzo	W45	61	Gryphon Strength Barbell
	Angela	Skarpelis	W49	100	Cuppa Joe Weightlifting
	Jasmine	Nautel	W49	115	
	Sarabeth	Gottlieb	W55	70	NY Weightlifting Academy
	Jessie	Allen	W55	78	Cuppa Joe Weightlifting
	Darleen	Alardo	W55	115	NY Weightlifting Academy
	Marena	Morales	W55	125	
	Alexandria	Zikoyanis	W59	106	Gryphon Strength Barbell
	Christina	Yen	W59	130	
	LaFonda	Radcliffe	W59	134	
	Allie	Wiseman	W59	155	Warwick Weightlifting Club
	Katarina	Ramirez	W64	75	Gryphon Strength Barbell
	Catherine	Young	W64	83	Gryphon Strength Barbell
	Victoria	Ferreira	W71	83	NY Weightlifting Academy
maryann	martinez	W71	81	Westerly Barbell Club	
Joelle	von Bischoffshausen	W71	130	Cuppa Joe Weightlifting	

2 Weigh In 10:15AM Start 12:15PM 12:05 intro	Mateo	Zikoyanis	M55	25	Gryphon Strength Barbell
	Jacob	Trunzo	M55	30	Gryphon Strength Barbell
	Greyson	Kriner	M55	32	Gryphon Strength Barbell
	Noah	Nasar	M55	55	Gryphon Strength Barbell
	Shawn	Nasar	M55	55	Gryphon Strength Barbell
	Sergio	Castillo	M67	193	
	Timothy	Luistro	M67	225	NY Weightlifting Academy
	Michael	Sardo	M73	180	
	Justin	Bragg	M73	190	Gryphon Strength Barbell
	Devin	Budd	M73	195	
	Matthew	Mitcheroney	M81	190	
	Garrett	Blanton	M81	199	Gryphon Strength Barbell
	Richard	Condon	M81	202	NY Weightlifting Academy
	Lucas	Workman	M89	87	Cuppa Joe Weightlifting

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3 Weigh In 12:30PM Start 2:30PM 2:20pm intro						
		Catherine	Colon	W64	84	Big Pull Barbell
		Stella	Reyes	W64	95	Gryphon Strength Barbell
		Elilah	Marquez	W64	100	Gryphon Strength Barbell
		Juliana	Dilorenzo	W64	102	Cuppa Joe Weightlifting
		Brittany	Rivera	W64	108	Gryphon Strength Barbell
		Adrien	Gates	W64	110	
		Kayla	Tote	W64	122	
		Gaby	Maya	W71	105	NY Weightlifting Academy
		Lora	Chandra	W71	105	Gryphon Strength Barbell
		Rebecca	Klima	W71	115	Cuppa Joe Weightlifting
		Brooke	Hadgraft	W71	155	NY Weightlifting Academy
		Carole	Nasrallah	W71	155	Unattached
		Brooke	Kelly	W76	119	
		Jenn	Stow	W76	137	Big Pull Barbell
		Candace	Doughty	W81	140	
		Laurie	Colbourn	W87	84	Triton Barbell
	Madeleine	Foley	W+87	100	NY Weightlifting Academy	
	Shannon	Dias	W+87	178	FiveBar	

4 Weigh In 3PM Start 5PM 4:50pm intro						
		Mark	Louros	M81	200	Gryphon Strength Barbell
		John	Anderton	M81	220	
		Alec	Paganuzzi	M81	260	NY Weightlifting Academy
		James	Fennell	M89	160	NY Weightlifting Academy
		Kenneth	Clarkson	M89	170	NY Weightlifting Academy
		James	Lopez	M89	230	NY Weightlifting Academy
		Kevin	Sosa	M89	250	
		Christian	Tsakanikas	M89	250	Unattached
		Charles	Shames	M96	175	NY Weightlifting Academy
		Jason	Sweet	M96	190	Axis Strength
		Henry	Cabral	M96	235	Gryphon Strength Barbell
		David	Levine	M102	104	NY Weightlifting Academy
		Michael	Lacuna	M102	200	Gryphon Strength Barbell
		Steven	Doughty	M102	219	
		Ben	Wunder	M102	220	
		Ryan	Hansen	M102	280	Warwick Weightlifting Club
	Daniel	Smith	M+109	205	NY Weightlifting Academy	