



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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## SCORESHEET

2023 Hudson Valley Regional Open

Location: (city, state) Poughkeepsie, NY

2023-06-03

Group: All

Sanction #:

Lot No.	Gndr	Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best	Clean & Jerk			Best	Total	Place	Points	Sinclair
							1	2	3	Sna	1	2	3	C&J				
15	F	F 55	Barone, Alex	1994	CJW	53.10	44	-47	-47	44	56	59	62	62	106	1		155.648
8	F	F 59	Alardo, Darleen	1982	NYWA	56.10	51	-54	55	55	63	66	69	69	124	1		175.164
33	F	F 64	Shykind, Katerina	2000	NYWA	63.75	48	51	-54	51	60	63	66	66	117	1		152.250
26	F	F 64	Quito, Maria	1981	NYWA	61.20	37	40	43	43	55	58	61	61	104	2		138.760
17	F	F 64	MacElhaney, Tiffany	1998	WSC	62.95	31	33	35	35	43	46	48	48	83	3		108.832
40	F	F 71	Ponterio, Ella	2004	UNA	66.00	59	62	66	66	-75	77	81	81	147	1		187.434
27	F	F 71	Howell-Clark, Jennifer	1994	ACBC	66.30	-60	60	-62	60	-79	79	81	81	141	2		179.316
6	F	F 71	von Bischoffshausen, Joelle	1985	CJW	69.45	58	61	-64	61	73	76	-80	76	137	3		169.789
23	F	F 71	Evangelista, Trish	1988	NYWA	67.40	45	48	51	51	60	63	-66	63	114	4		143.634
20	F	F 71	Noll, Terri	1977	NYWA	66.15	35	37	-40	37	50	55	60	60	97	5		123.520
3	F	F 76	Hauser, Meira	1982	TMCT	75.00	74	78	-81	78	93	98	-102	98	176	1		209.667
34	F	F 76	Raum, Cheyenne	1993	CJW	74.15	57	60	63	63	73	76	80	80	143	2		171.312
11	F	F >87	Sedney, Sioban	1994	CJW	88.40	56	59	-62	59	71	75	78	78	137	1		152.015
32	F	F >87	Steininger, Courtney	1996	TMCT	101.20	43	46	48	48	52	55	58	58	106	2		112.481
31	M	M 61	Luistro, Timothy	1991	NYWA	60.40	90	95	-98	95	105	110	-113	110	205	1		297.255
12	M	M 61	Jorczak, Nathan	2010	TMCT	57.85	20	21	22	22	26	28	30	30	52	2		77.749
14	M	M 73	Rodriguez, Joe	1967	CJW	71.70	71	-74	74	74	93	97	101	101	175	1		227.349
16	M	M 81	Collazo, Keith	1992	CJW	73.30	72	75	-78	75	101	105	110	110	185	1		237.297
22	M	M 81	Dunne, Jerry	1947	LBH	73.70	43	45	46	46	52	55	-57	55	101	2		129.151
4	M	M 89	Lopez, James	1995	NYWA	85.95	-110	112	117	117	140	-145	-145	140	257	1		303.542
18	M	M 89	Zou, Kaixi	2003	UNA	89.00	105	108	-110	108	120	126	-132	126	234	2		272.027
19	M	M 89	Garcia, Edgar	1987	NYWA	89.00	92	97	102	102	115	120	125	125	227	3		263.890
10	M	M 89	Welch, Mathew	1995	NYWA	86.95	85	-90	-92	85	110	115	120	120	205	4		240.833
36	M	M 89	Sedney, Ian	1992	CJW	86.70	-72	72	74	74	97	100	105	105	179	5		210.567

9	M	M 89	Purdie, Rob	1970	NYWA	84.15	50	55	-60	55	60	65	70	70	125	6	149.123
21	M	M 96	Palumbo, William	1996	RPE11	95.35	122	-126	126	126	162	168	-173	168	294	1	332.004
35	M	M 96	Yeadon , Dan	1985	UNA	89.75	70	80	87	87	94	98	-103	98	185	2	214.270
30	M	M 96	McGowan, Morgan	1985	NYWA	95.45	70	75	80	80	-95	-95	97	97	177	3	199.797
5	M	M 96	Tymus, Danny	2004	LIW	90.80	73	75	-77	75	97	-101	-101	97	172	4	198.210
13	M	M 96	Furman, August	2009	CTFL	89.25	47	50	-55	50	60	63	67	67	117	5	135.845
24	M	M 96	Kelly, Michael	1970	NYWA	90.00	35	40	45	45	45	50	55	55	100	6	115.681
29	M	M 102	Hoyos, Fabio	1988	UNA	99.15	88	93	-96	93	111	117	121	121	214	1	238.047
1	M	M 102	Larson, Jonathan	1989	NYWA	100.45	78	82	85	85	105	113	118	118	203	2	224.729
2	M	M 109	Ottenstein, Noah	1987	TMCT	107.85	105	-112	-112	105	147	156	162	162	267	1	288.496
41	M	M 109	Castelluccio, Thomas	1997	UNA	103.10	-103	103	-107	103	-143	143	144	144	247	2	270.916
7	M	M >109	Wunder, Benjamin	2000	TMCT	139.50	103	108	112	112	140	147	152	152	264	1	268.585
28	M	M >109	Pryce, Kareem	1973	NYWA	115.75	70	-80	80	80	92	97	102	102	182	2	192.595

MEET DIRECTOR

Joe Rodriguez

DATE

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PLEASE **EMAIL** COMPLETED FORM IN EXCEL OR CSV FORMAT TO: [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org)





