



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

Colorado S

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SCORESHEET

Competition: 2024 Hudson Valley Regional Open

Location: (city, state) Lagrange, NY

Date: 2024-05-04

Group:

Sanction #:

Lot No.	Gndr	Div	Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best	Clean & Jerk			Best	Total	Place
								1	2	3	Sna	1	2	3	C&J		
5	F		F 55	Chyou, Rita	1994	Team Connecticut	53.40	47	51	53	53	57	61	65	65	118	2
10	F		F 55	Angier, Abigail	2008	Cheshire Weightlifting Club	54.70	34	36	38	38	42	46	49	49	87	4
11	F		F 55	Alardo, Darleen	1982	NY Weightlifting Academy	54.80	51	53	-56	53	61	64	67	67	120	1
36	F		F 55	Barone, Alexandra	1994	Cuppa Joe Weightlifting	53.60	-42	-42	42	42	54	56	58	58	100	3
3	F		F 59	Casey, Christina	1985	NY Weightlifting Academy	58.40	73	-75	-75	73	85	-88	-88	85	158	1
6	F		F 59	Delaire, Christy	1995	Unaffiliated	58.80	61	64	-67	64	74	77	-81	77	141	2
32	F		F 59	Globerson, Jenny	1980	Unaffiliated	57.10	52	55	-58	55	64	-67	-67	64	119	3
7	F		F 64	Kurlan, Brynn	1991	Unaffiliated	62.70	70	-73	73	73	-98	-98	0	-	-	
16	F		F 64	Shykind, Katya	2000	NY Weightlifting Academy	63.90	-48	48	51	51	64	67	70	70	121	1
4	F		F 71	Tillmann, Valentina	2001	NY Weightlifting Academy	69.80	40	45	50	50	50	55	61	61	111	3
12	F		F 71	Austin, Debra	1989	NY Weightlifting Academy	67.95	64	66	-68	66	85	-90	-90	85	151	1
14	F		F 71	von Bischoffshausen, Joelle	1985	Cuppa Joe Weightlifting	69.20	-60	60	-63	60	70	-73	73	73	133	2
24	F		F 81	Raum, Cheyenne	1993	Cuppa Joe Weightlifting	78.00	62	64	67	67	75	79	82	82	149	1
30	F		F 81	Wieland, Jennifer	1983	Cuppa Joe Weightlifting	80.15	-61	61	-63	61	-69	69	71	71	132	2
38	F		F 81	Jorczak, Missy	1978	Team Connecticut	80.30	50	53	-56	53	60	63	-67	63	116	3
18	F		F 87	Mazza, Kristin	1984	Cuppa Joe Weightlifting	85.10	58	-60	60	60	70	73	76	76	136	1
17	F		F >87	Colosimo Abucewicz, Danielle	1984	Team Connecticut	102.20	52	-56	57	57	70	75	77	77	134	2
20	F		F >87	Chau, Huyen	1989	NY Weightlifting Academy	137.10	-74	-77	80	80	105	110	-115	110	190	1
26	F		F >87	Pendergrass, Melisa	1985	Unaffiliated	112.90	53	57	-60	57	72	76	-80	76	133	3
23	M		M 73	Castillo, Sergio	1999	NY Weightlifting Academy	72.75	105	-110	110	110	128	133	-137	133	243	1
35	M		M 81	Perez, Brandon	2005	Cuppa Joe Weightlifting	80.40	57	62	-70	62	85	89	-95	89	151	1
15	M		M 89	Lanier, Timothy	1980	Unaffiliated	87.45	76	80	82	82	-108	108	-110	108	190	1
19	M		M 89	DiRuzzo, Jeremiah	1979	Cuppa Joe Weightlifting	87.35	70	-75	75	75	-95	95	-100	95	170	4
21	M		M 89	Bell, Connor	2009	Cheshire Weightlifting Club	84.00	45	48	50	50	65	-68	70	70	120	5

29	M	M 89	Clarke, Cameron	1996	Cuppa Joe Weightlifting	89.00	75	-82	-82	75	95	100	105	105	180	3
31	M	M 89	Rufino, John	1988	Manhattan Barbell	83.90	76	-79	-81	76	105	110	-115	110	186	2
34	M	M 89	Decker, Gregg	1956	Unaffiliated	86.35	39	41	-43	41	46	49	51	51	92	6
2	M	M 96	Segarra, Jofre	2000	Unaffiliated	95.05	75	-80	84	84	95	-100	102	102	186	5
8	M	M 96	Gifeisman, Daniel	1983	NY Weightlifting Academy	95.30	90	95	100	100	115	120	125	125	225	3
13	M	M 96	Miller, Graham	2003	Team Connecticut	90.65	82	87	-91	87	110	-118	-118	110	197	4
22	M	M 96	Moro, Nik	1989	NY Weightlifting Academy	93.50	105	110	115	115	130	-135	-137	130	245	2
25	M	M 96	Kaiser, Jemel	1992	Cuppa Joe weightlifting	93.75	101	104	108	108	129	135	139	139	247	1
28	M	M 96	McGowan, Morgan	1985	NY Weightlifting Academy	95.03	75	-80	80	80	95	-100	-105	95	175	6
27	M	M 102	Kordys, Luke	2003	NY Weightlifting Academy	96.95	90	95	100	100	105	110	115	115	215	1
33	M	M 109	Ottenstein, Noah	1987	Team Connecticut	106.05	98	103	108	108	138	145	150	150	258	1

MEET DIRECTOR Joe Rodrigu

DATE 2024-05-04

PLEASE EMAIL COMPLETED FORM IN EXCEL OR CSV FORMAT TO: usaw@usaweightlifting.org

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