

2024 Hudson Valley Regional Open

1	Weigh In 8AM	M55 - M89B	John Rufino	Manhattan Barbell	M81	190
	Start 10AM		Brandon Perez	Cuppa Joe weightlifting	M81	160
			Connor Bell	Cheshire Weightlifting Club	M89	115
			Gregg Decker	unattached	M89	93
			Jeremiah DiRuzzo	Cuppa Joe Weightlifting	M89	180
			Mark Focacci	unattached	M89	90
			Cameron Clarke	Cuppa Joe Weightlifting	M89	195
2	Weigh In 10AM Start 12PM	F55 - 64	Abigail Angier	Cheshire Weightlifting	F55	80
			Alex Barone	Cuppa Joe Weightlifting	F55	110
			Darleen Alardo	New York weightlifting academy	F55	114
			Rita Chyou	team Connecticut	F55	114
			Jenny Globerson	unattached	F59	120
			Christina Casey	New York Weightlifting Academ'	F59	155
			Christy Delaire	Unaffiliated	F59	143
			Brynn Kurlan	Unaffiliated	F59	177
			Katya Shykind	New York Weightlifting Academ'	F64	105
3	Weigh In 12:00PM Start 2:00PM	M89 - 109+	Sergio Castillo	Extra Lifter**	M73	230
			Nik Moro	New York Weightlifting Academ'	M89	230
			Timothy Lanier	Saratoga Barbell Club	M89	230
			Jemel Kaiser	Cuppa Joe weightlifting	M89	250
			Jofre Segarra	Unaffiliated	M96	181
			Morgan McGowan	New York Weightlifting Academ'	M96	182
			Graham Miller	Team Connecticut	M96	206
			Luke Kordys	New york weightlifting academy	M96	205
			Daniel Gifeisman	NY Weightlifting Academy	M96	215
			Noah Ottenstein	Team Connecticut	M109	278
4	Weigh In 2:00PM Start 4:00PM	F71 - 87+	Debra Austin	NY Weightlifting	F71	155
			Valentina Tillmann	New York Weightlifting Academ'	F71	90
			Joelle von Bischoffshause	Cuppajoe Weightlifting	F71	130
			Cheyenne Raum	Cuppa Joe Weightlifting	F81	143
			Jennifer Wieland	Cuppa Joe Weightlifting	F81	135
			Kristin Mazza	Cuppa Joe Weightlifting	F87	135
			Missy Jorczak	Team Connecticut	F87	105
			Melisa Pendergrass	Unaffiliated	F87+	140
			Kate Anello	Team Connecticut Weightlifting	F87+	1
			Huyen Chau	New York Weightlifting Academ'	F87+	175
Danielle Colosimo Abucewic	Team Connecticut	F87+	125			